



VIRTUAL & AUGMENTED REALITY TOOLKIT TO ENGAGE SENIORS BRAIN WITH  
INTER-GENERATIONAL UNDERSTANDING

ERASMUS+ PROJECT

**WORKSHOPS FEEDBACK**

**VTS**

Co-funded by the  
Erasmus+ Programme  
of the European Union



PROJECT NUMBER – 2020-1-ES01-KA204-082270

## FEEDBACK FROM THE WORKSHOP STUDENTS-TEACHERS-SENIORS

### SENIORS:

#### Is it your first contact with VR?

- Yes, it was my first contact with VR. I haven't seen it before and I don't know what it's. On tv people in google looks a little bit strange, wave their hands, shake their head, but now I understand what they do.
- My grandson has google, but I was ashamed to try it. I was thinking that it's only for young people.
- I never use it before. I'm afraid a little bit on the beginning.
- It was my first time, but now I decide to buy 2 google- one for me, one for my grandson.

#### What is your opinion about VR for seniors- is it helpful/needed or not?

- Before the project, I was sure that it's not for seniors, because it's only for games, fun. Now, I see that seniors can use it too- not only for fun.
- The application about my life is very interesting, but I'm not sure if all the people should and want see it. The project created the possibility for me to know the technology and I see it can be very helpful in seniors' life.
- After the project I will look for others applications which can be interesting for me- for example for visit the places where I can't go. It motivate me to use it in future.

#### Collecting the info:

- Seniors feel happy while gathering the info as they can remember many things about the moment the pictures were taken.
- It was a nostalgic moment; it was beautiful to remember those pictures and time.
- Now that we have so much free time, it is beautiful to spend a moment sharing our past.
- Questions have been really interesting, they made me feel nostalgic.
- My elderly started to cry when she collected and shared her past and that made me feel really sad.



Do you think that it is interesting that students get involved with elderly people?

- It is really important for them to know what we did when we were their age.
- Yes, because it is a way to think about how times have changed and to learn from each other.
- They can learn about my past and about my family. My family is dead now.
- Yes, they can reflect on the fact that our lives were very hard and that in spite of all that we are living at present they are very lucky of the opportunities they have now

Which do you think could be the good points that this activity of working together senior / students could offer ?

- Students and their friends can learn from my life and past.

What are the advantages for the elderly?

- I have come back to memories I had completely forgotten.
- I have remembered moments that I had forgotten to have lived.
- Happiness of sharing and strength
- An image, a sound , a film is making this elderly feel again , that is amazing

**STUDENTS:**

What do you think about how this VR toolkit will benefit the elderly?

- The most difficult was to convince the seniors to use it. They don't believe it can be something interesting for older people. Now, they are more open for new technology.

What was the biggest problem with this VR toolkit during the training?

- During the preparation the senior was very glad. He can talk about past, his life, experiences, events, but he was afraid to publish his photos in internet.
- It was a little bit difficult for me, because I'm not IT professional, but step by step I did the application. During the project I improve my skills.
- I have some problems with finding films, music with open copy rights. The materials on the project web site was very helpful.



Do you think that is good for students to get involved in activities with elderly people?

- For sure we have gathered and learnt from experiences that we have not studied or lived.
- Elderly people feel happy when younger generations ask them and listen about their past and experience
- We are learning a lot through them.
- We learn about how they feel and how we can help them with emotional and digital tools
- Sometimes elderly do not feel very well, thanks to projects like this they forget how bad they feel for a while and that is quite positive

What are the profits for the students?

- By developing this activity, we have been able to know a lot about the person and to create a link that did not exist before

Do you think elderly people can benefit of VR?

- For sure, mind and body move and they analyse and remember about their past.
- For them it was difficult to keep their past, because loss of quality of pictures and videos or sounds thanks to this project and its tools all the memory are kept in a digital file which keeps the same quality all the time.
- They remember in depth by using this project tools , they remind images , music and films at the same time .
- For them it has been an amazing experience to be able to see themselves and their time and music through a pair of glasses ( googles )
- They have realised that technology can be amazing.
- This project stimulates emotions thanks to VR

Any suggestion for implementing the project?

- I would add an image or video of a toy / game they played in their past .

**TEACHERS:**

- Has it been complex to train students on the project tools?

As we had watched the videos and attended the training plus, we have been working with a template it has been quite easy.

- Did students feel motivated when asking to get involved in a project with elderly people?

Some of them before the project had never spent a lot of time talking to their elderly or other old people after working in the project, they have learnt they both can share and learn from each other.

- Do you think this project and its tools could be interesting for other trainers to be implemented?

- This project could be applied to many subjects, as a learning tool not only for the elderly but for students who lack motivation or suffer problems of learning.

How would you evaluate this VR toolkit?

- I observed the learners, talk with the seniors. Some of the learners have more problems, because they work with the seniors but they are not so good in IT technology, but step by step and they do it. The instructions, films are very clear.
- I talked with the seniors. On the beginning they were distrustful. Later the most of them were very glad, have good fun, promise to use VR more often. Some of them decided to but google.

